

# **CUPE**

## **PROFESSIONAL DEVELOPMENT DAY**

**Monday, February 25, 2008**

**9 A.M. TO 4 P.M.**

**JOHN BARSBY SCHOOL**

### ***CUPE LEARNING AND WORKING TOGETHER***

#### **4 EASY STEPS TO REGISTER**

- 1. SELECT THREE (3) CHOICES.**
- 2. Fax or Courier your choices to the CUPE office by February 8, 2008**
- 3. Questions? contact:**
  - a. Wanda at 756-0351 (home) or [wdeisman@telus.net](mailto:wdeisman@telus.net)
  - b. Bess at 245-3655 (home) or [bessjhar@shaw.ca](mailto:bessjhar@shaw.ca)
- 4. Please report absences as usual.**

**Be There. This day is for Us!!!!!!**

## **MISSION STATEMENT**

**Staff Development provides all employees with opportunities for continued personal and professional growth for the benefit of the individual and the organization.**

# CUPE STAFF DEVELOPMENT SESSIONS

## February 25, 2008

**Full Day ....9 A.M to 4 P.M**  
(Lunch 12-1 pm )

- 101 First Class Boating Instruction**  
**Resource Person: John Buhnai**  
**Maximum number of Participants: 15**  
This very popular Power Squadron Boat Proficiency Seminar is packed full of basic need to know information to help keep you safe on the water as skipper, crew, or passenger. Aids to Navigation, Collision Avoidance, and Safety Equipment are just some of the areas we will cover. The seminar will assist you to get the pleasure craft operator's card (the only card approved for Canada and the USA). You have the option to write the exam to receive the Pleasure Operations Card which takes 20 to 40 minutes, after the seminar, for \$30.00 (cash or check) to be paid for by the participant to the instructor.  
**This session starts at 8:30 am and ends around 4:30.**  
**Bring a lunch.**
- 102 Food Safe**  
**Resource Person: Ed Walsh**  
**Maximum number of Participants: 25**  
This is an 8 hour provincially certified course as required by food premises in British Columbia. This information taught is also very useful in day-to-day food safety. You will write an exam at the end of the session and will receive your certificate then.  
**This session starts at 8:30 am and ends at 4:30.**  
**Bring a lunch!**
- 103 Perfecting Power Point Presentation**  
**Resource Person: Danny Cheng**  
**Maximum number of Participants: 30**  
Participants will learn to put together a complete presentation including adding pizzazz, such as: adding images from clip art and your own pictures, animating texts and images, building flexibility into your presentations, adding sound, adding background music, including video clips.  
Note: Participants should have basic computer skills including copying and pasting, dragging and dropping, typing and word processing and file locations. You may bring your own pictures on a CD.







## AFTERNOON SESSIONS (1 – 4 pm)

- 118 Paddle Making**  
**Resource Person:** Elmer Sampson  
**Maximum number of Participants:** 15  
Participants will have hands on in sanding and painting an already shaped paddle. This session takes place at Elmer's workshop at Shell Beach. His address is 11908 Silver Strand Road.  
Transportation from John Barsby will be provided. Meet at the front doors of the school at 12:30. Bring a lunch.
- 119 Spring Perennial Basket**  
**Resource Person:** Diana Meagher  
**Maximum number of Participants:** 10  
Hands on assembly of a moss hanging spring basket filled with pansies, perennials and polyanthus. Supplies are provided.  
Bring your gardening gloves.
- 120 Building the Ultimate Back**  
**Resource Person:** Germana Ravinelli  
**Maximum number of Participants:** 20  
Do you have hip or back issues? Have you been attempting to get fit and run into pain mobility problems? Are you confused, frustrated and concerned about your physical wellness? Learn spine sparing exercise techniques that are scientifically proven to spare your back and improve your quality of life.
- 121 Building a Case for Retirement**  
**Resource Person:** Dianne Lafleur  
**Maximum number of Participants:** 30  
  
Learn how to stretch your dollars for your future!!!
- 122 Sign Language – I Have the Basics, Now What?**  
**Resource Person:** Cindy Williams  
**Maximum number of Participants:** 8  
  
This session is for people who already know some sign language. It is not an introductory course. We will play games and sign some songs. If you would like to learn some new vocabulary, please send me a list of works ASAP (phone 741-5294 or fax 741-5316).

